

# III

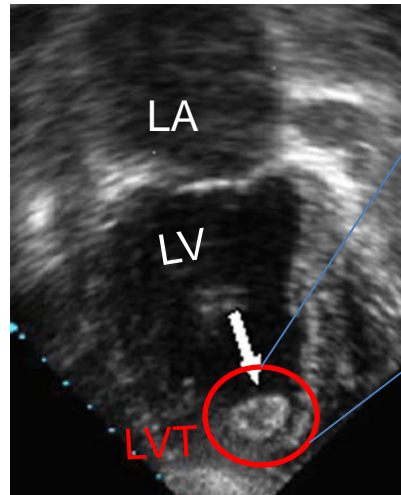
## **Flow Effects on Thrombogenesis: Insights from Computational Models**

**Rajat Mittal & Jung Hee Seo**  
*Mechanical Engineering*

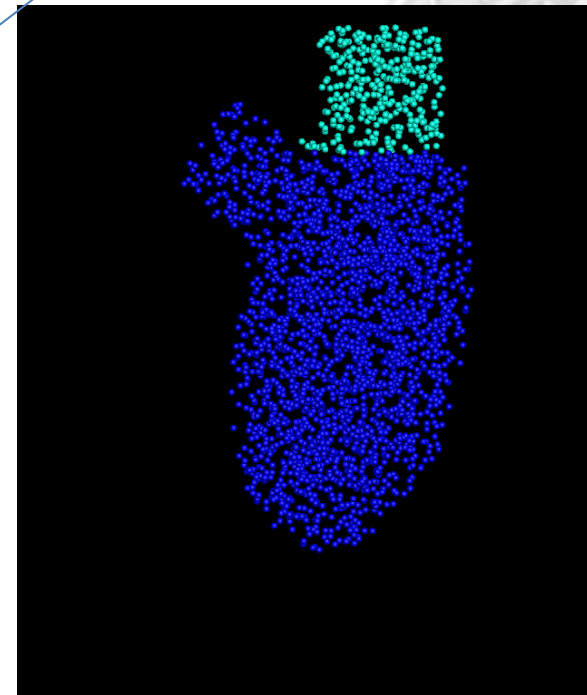
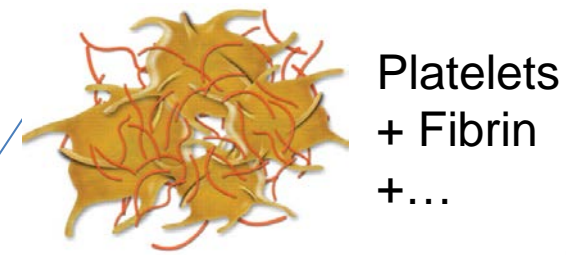
**Thura Abd & Richard George**  
*Division of Cardiology*

# Formation of Blood Clots in the Heart

- Clot (thrombus) formation → flow stasis
- Normal ventricles
  - Ejection fraction ~55%
  - Avoids flow stasis (How???)
- Conditions associated with cardiac thrombus formation
  - Myocardial infarction (MI)
  - Heart failure
  - Arrhythmias
  - Cardiomyopathies
  - ...
- Clinical significance
  - Thromboembolic risk

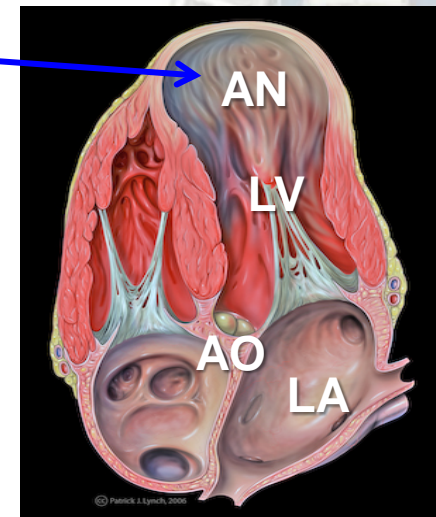
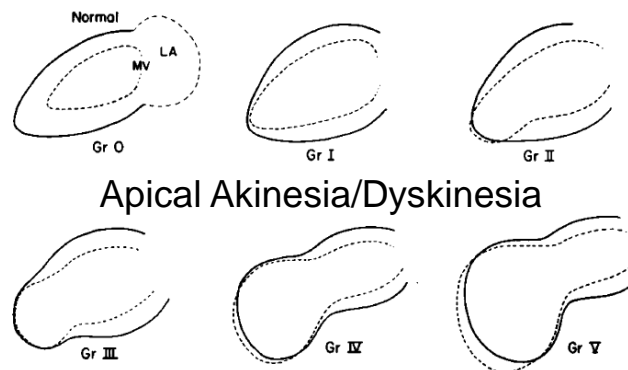
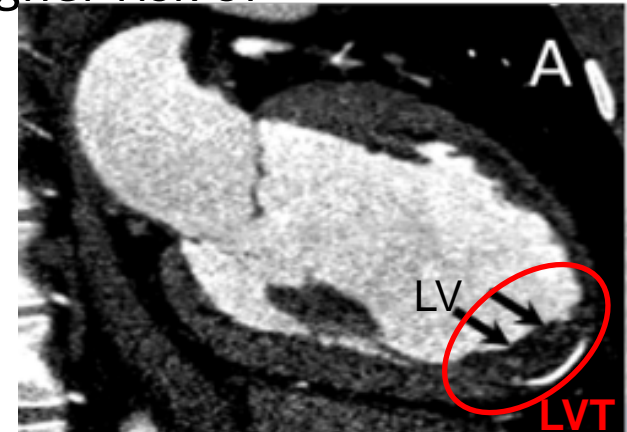


(Rehan et al. *Cardiovascular Ultrasound*, 2006)



# Post MI Thrombus Formation

- Patients recovering from MI are generally at higher risk of LVT formation
  - 720K MIs/yr in the US
  - Thrombus located in apical region
- Reduced ejection fraction (<40%)
- Apical Akinesia/Dyskinesia
- Ventricle remodeling
- Hypercoagulable endothelium – Tissue factor pathway

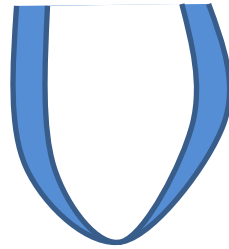


+Apical Aneurysm

# LVT Risk Stratification & Therapy

- Risk criteria

- Antero-apical STE-MI (250K/yr)
- EF < 30%



$$EF = \frac{\text{Stroke Vol}}{\text{End Dias. Vol}}$$

- Antithrombotic Therapy

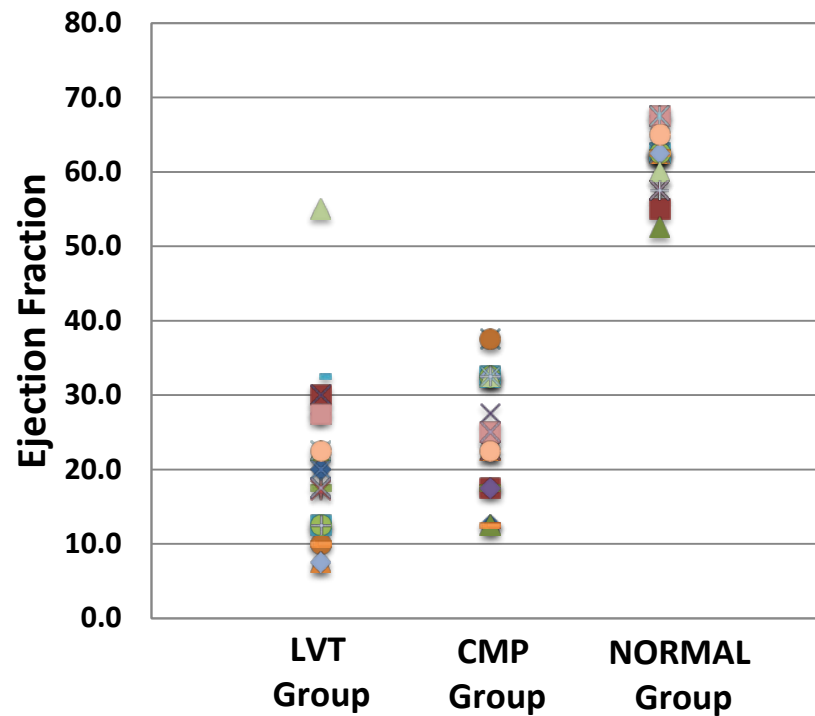
- Anticoagulants
- Anti platelet
- Blood thinners

- Implication

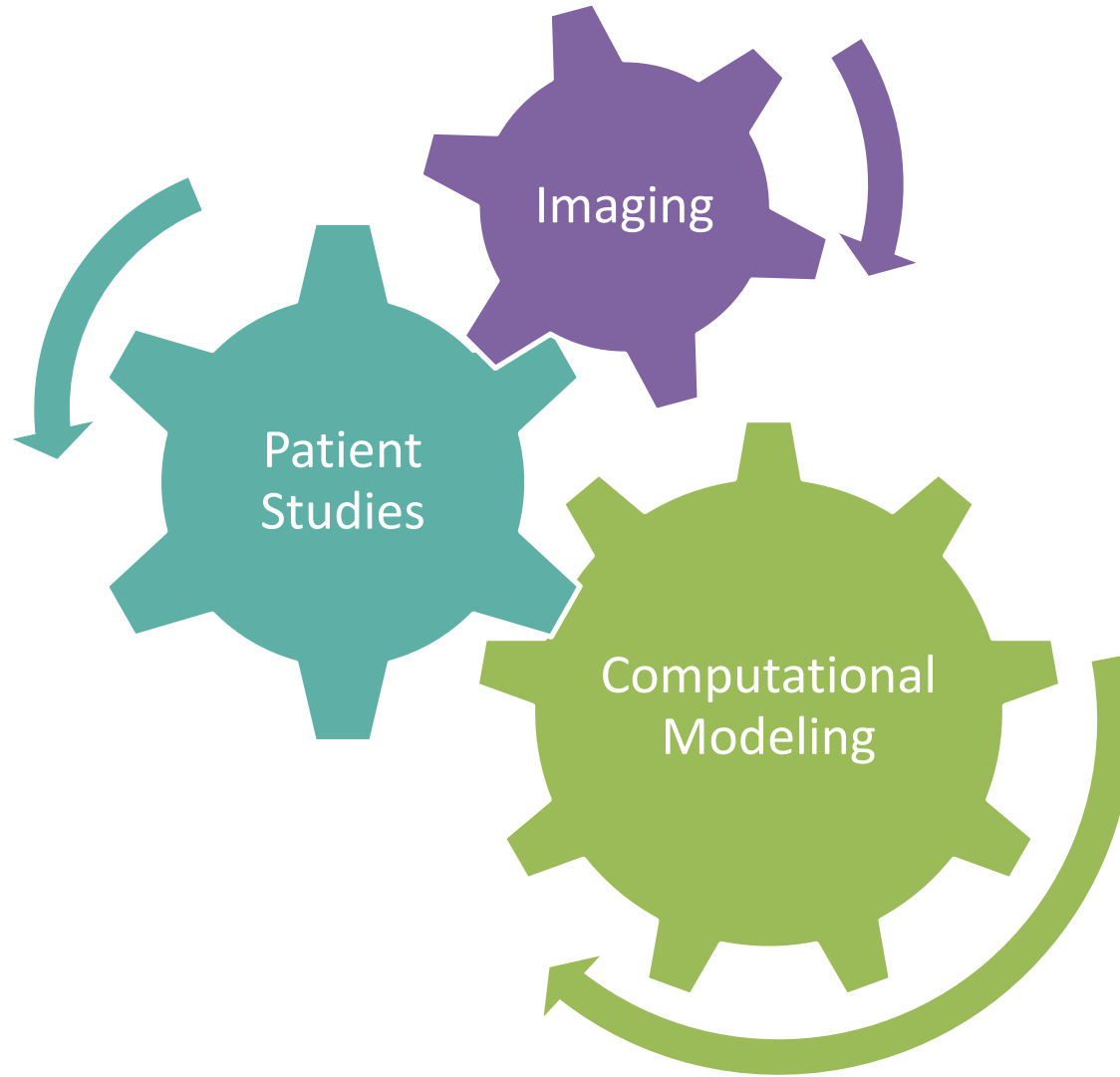
- Only 1/10 people who currently receive ‘triple’ therapy in US are actually at risk of LVT formation
  - ½ patients receiving triple therapy are at high risk of bleeding.
- Better risk stratification metrics are needed.
  - LVT risk determined by a complex coupling between flow dynamics and coagulation biochemistry.

# Stratification of LVT Risk?

Group	N	Description
LVT	25	Patients with diagnosed LVT
CMP	25	Severe cardiomyopathy; no LVT
NORMAL	25	Normal



# Approach

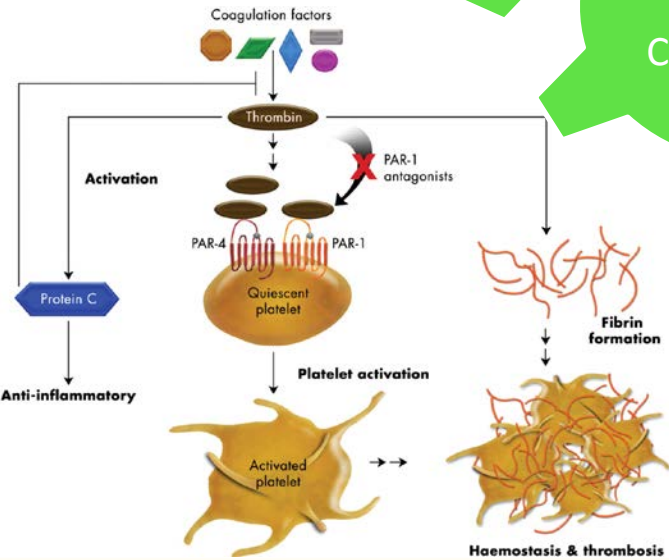
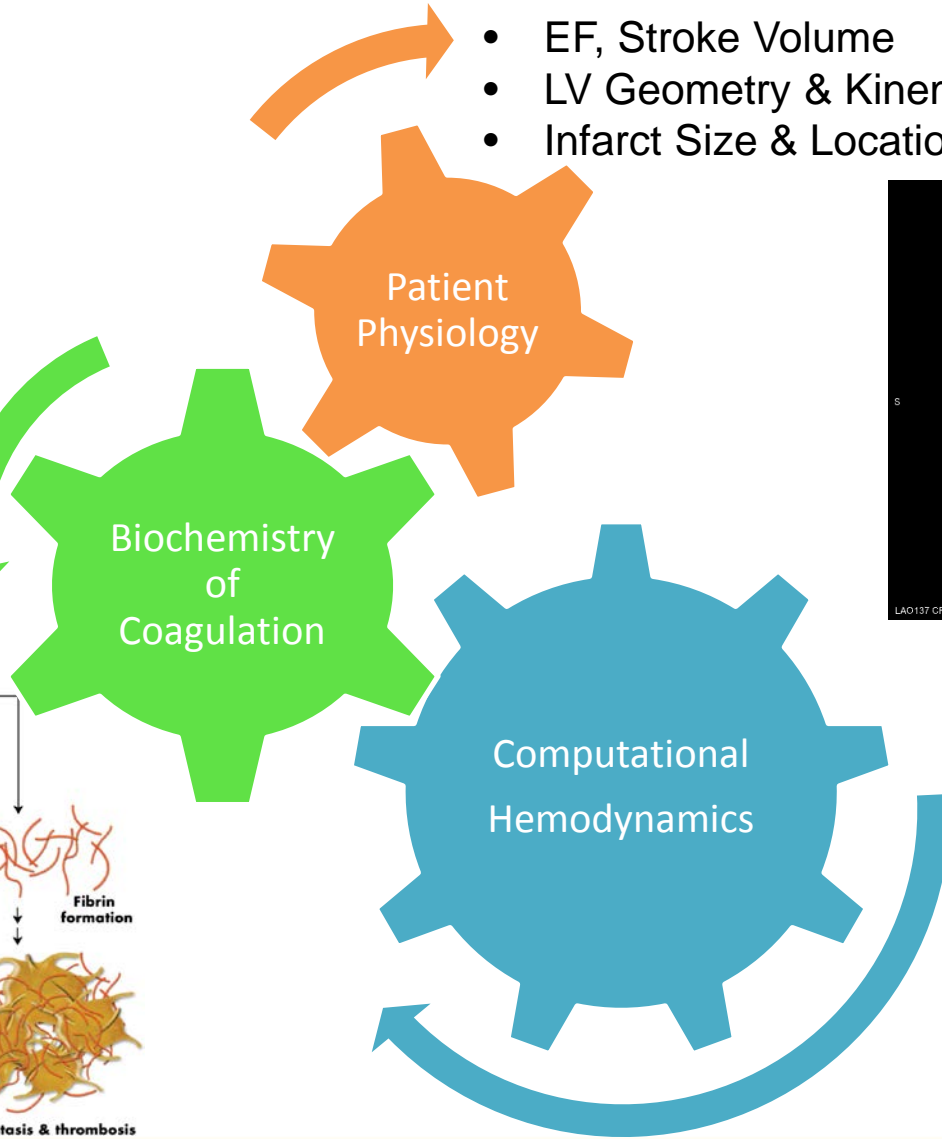
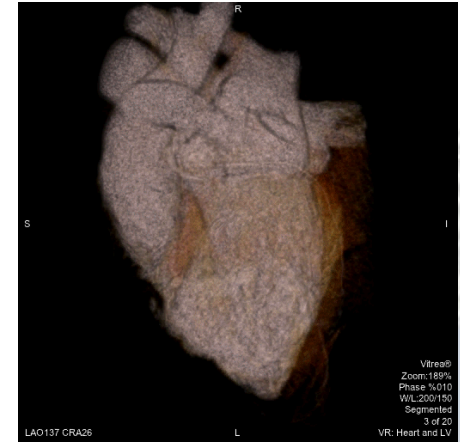


# Modeling Approach

## Understand how flow mediates coagulation in infarcted LVs

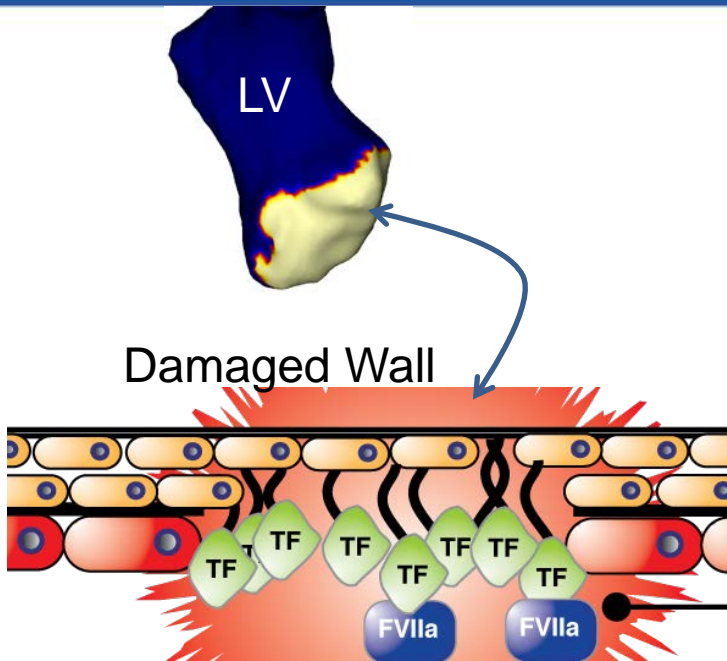
- Tissue Factor Release
- Thrombin Production
- Platelet activation
- Fibrin polymerization

- EF, Stroke Volume
- LV Geometry & Kinematics
- Infarct Size & Location

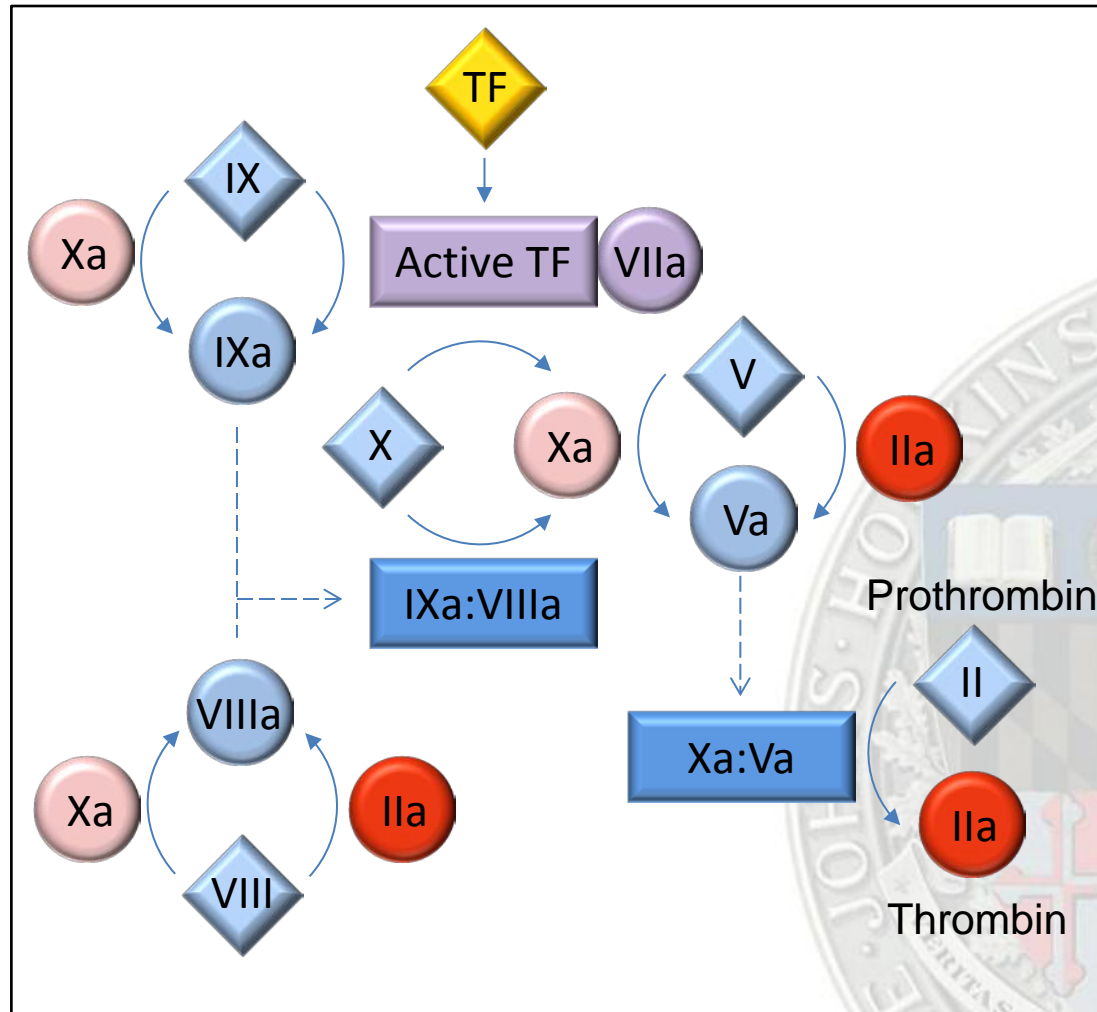


- LV Flow Patterns
- Flow Stasis
- Transport of CC biomolecules

# Coagulation Cascade

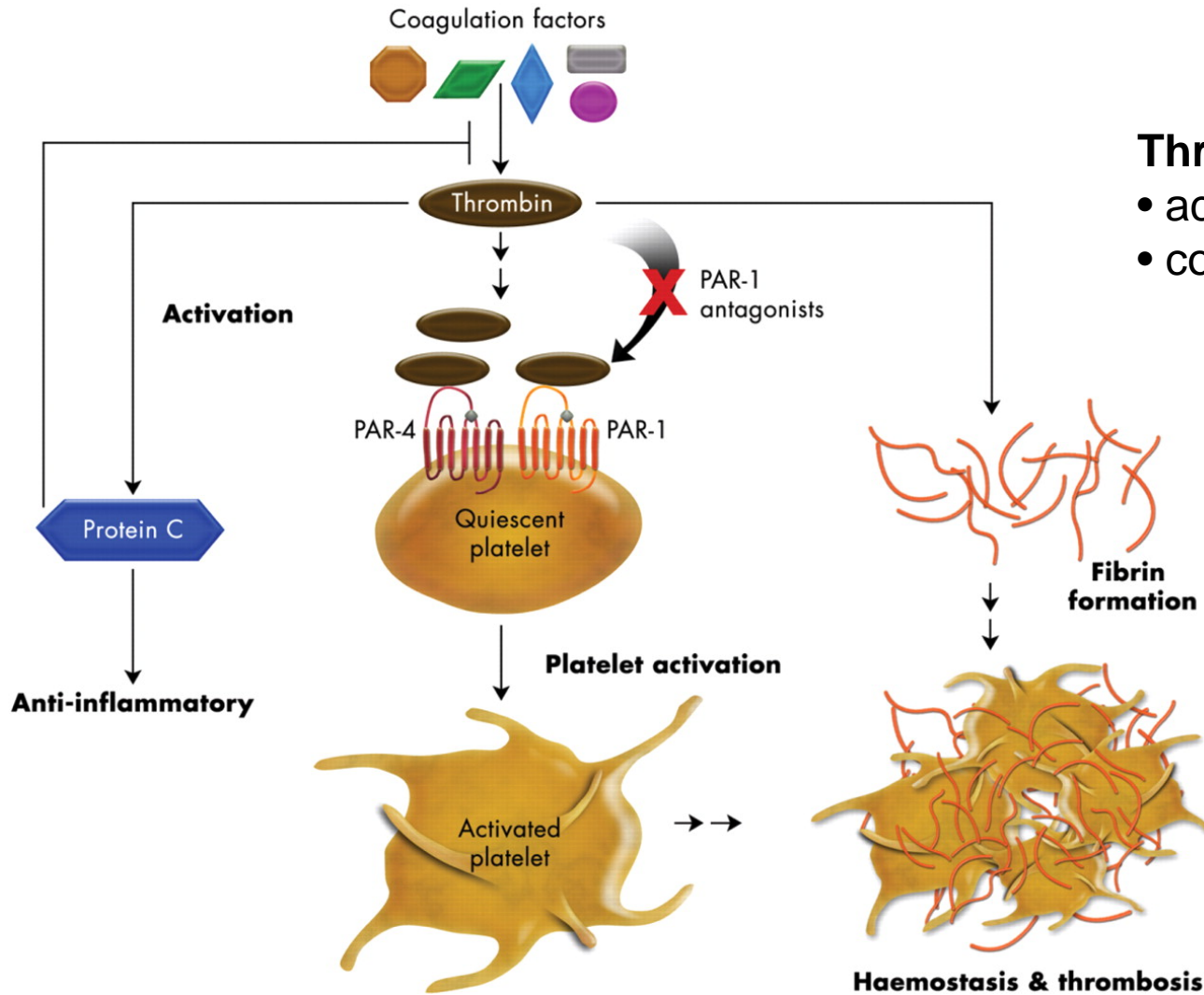


- Extrinsic (Tissue-factor) Pathway
- Damaged wall expose tissue factor (TF)
- **TF-VIIa** initiates reactions
- Produce Thrombin
- Thrombin activates other factors
- *Burst of Thrombin Production*





# Role of Thrombin



## Thrombin

- activates **platelets**
- converts fibrinogen to **fibrin**

(Angiolillo et al, European Heart J, 2009)



# TF → Thrombin Coagulation Cascade (CC)

18 Species

IX

TF: VIIa

IX : TF: VIIa

IXa

X

X : TF: VIIa

Xa

VIIIa : IXa

X : VIIIa : IXa

V

Va

VIII

VIIIa

IIa (Thrombin)

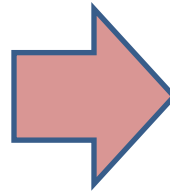
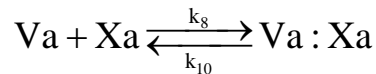
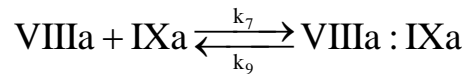
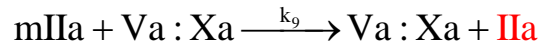
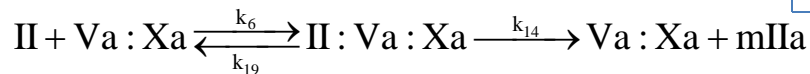
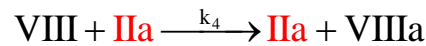
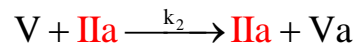
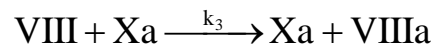
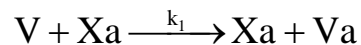
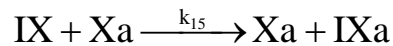
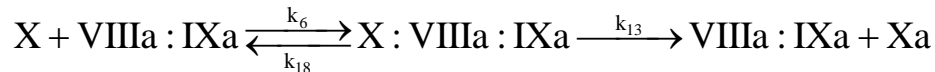
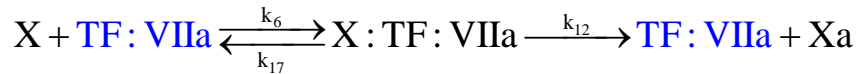
II (Pro-thrombin)

Va : Xa

II : Va : Xa

mIIa

Reactions



(Biasetti et al, 2012)

$D \approx 1e^{-8}$  (m<sup>2</sup>/s)

**S**: Stoichiometric Matrix

$r_j$ : Reaction rate

$$\frac{\partial C_i}{\partial t} + (\vec{U} \cdot \nabla) C_i - D \nabla^2 C_i = R_i$$

(18 Eqs.)

$$R_i = \mathbf{S} \cdot \mathbf{r}_j$$

Initial concentrations (mol/m<sup>3</sup>)

$$C_{\text{IX}} = 9e^{-5}; C_{\text{X}} = 1.7e^{-4}$$

$$C_{\text{V}} = 2e^{-5}; C_{\text{VIII}} = 7e^{-7}$$

$$C_{\text{VIIIa}} = 1e^{-11}; C_{\text{II}} = 1.4e^{-3}$$

(Pro-thrombin)

$C_{\text{TF:VIIa,wall}}$  : Prescribed on infarct

# Platelet Activation and Deposition

Inactivated, mobile



Activation by  
Thrombin

$$\frac{\partial}{\partial t} PT_{m,u} = -(\vec{U} \cdot \nabla) PT_{m,u} + D_P \nabla^2 PT_{m,u} - A_1(IIa) PT_{m,u}$$

Activated, mobile



Activation by  
Thrombin

$$\frac{\partial}{\partial t} PT_{m,a} = -(\vec{U} \cdot \nabla) PT_{m,a} + D_P \nabla^2 PT_{m,a} + A_1(IIa) PT_{m,u}$$

$$A_1(IIa) = k_{IIa} \frac{C_{IIa}}{C^* + C_{IIa}}$$

$$-k_{adh,a} \cdot h(\vec{x})(PT_{max} - PT_b) PT_{m,a} - k_{coh} \cdot g(PT_b) PT_{m,a}$$

Adhesion to wall

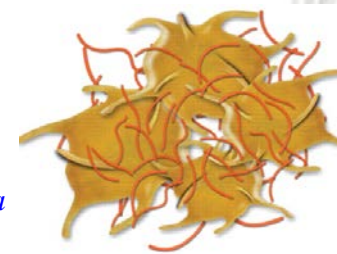
Cohesion to bound platelets

Bound

$$\frac{\partial}{\partial t} PT_b = k_{adh,a} h(\vec{x})(PT_{max} - PT_b) PT_{m,a} + k_{coh} \cdot g(PT_b) PT_{m,a}$$

Adhesion to wall

Cohesion



$$D_P \approx 1e-9 \text{ (m}^2\text{/s)}$$

(Leiderman and Fogelson, 2011)

# Polymerization of Fibrinogen → Fibrin

## Fibrinogen

$$\frac{\partial}{\partial t} C_f = -(\vec{U} \cdot \nabla) C_f + D \nabla^2 C_f - k_t C_f$$

Conversion by Thrombin

$$k_t = \frac{k_{cat} C_{IIa}}{K_m + C_f}$$

## Fibrin (Monomer)



$$\frac{\partial}{\partial t} C_m = -(\vec{U} \cdot \nabla) C_m + D \nabla^2 C_m + k_t C_f + k_p C_m^2$$

$$k_{cat} = 84 \text{ s}^{-1}$$

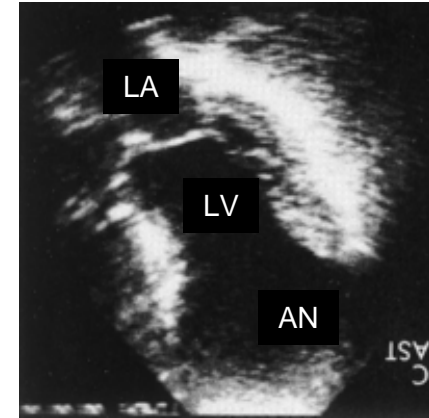
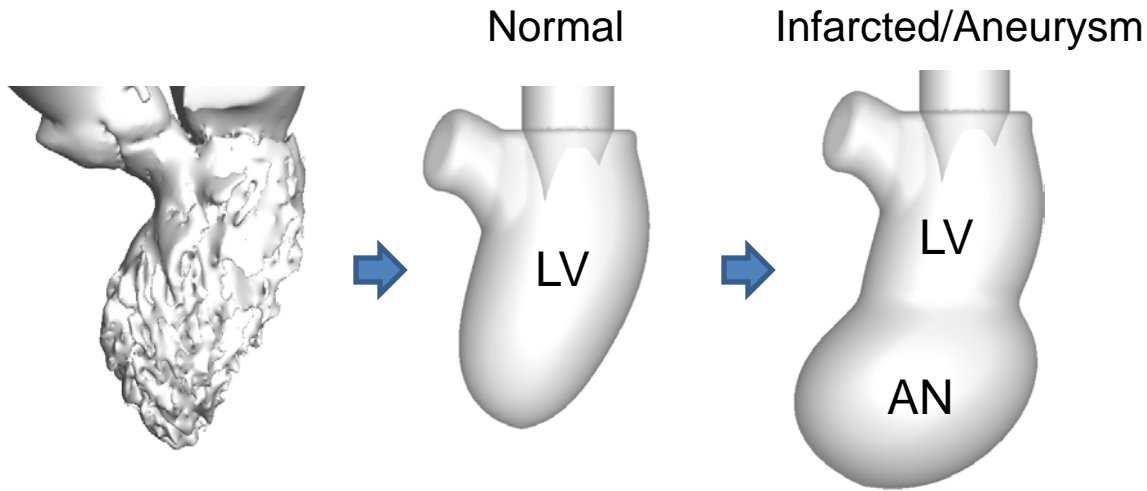
$$K_m = 7.2 \times 10^{-3} \text{ mol/m}^3$$

$$k_p = 8.2 \times 10^2 (\text{mol/m}^3)^{-1} \text{ s}^{-1}$$

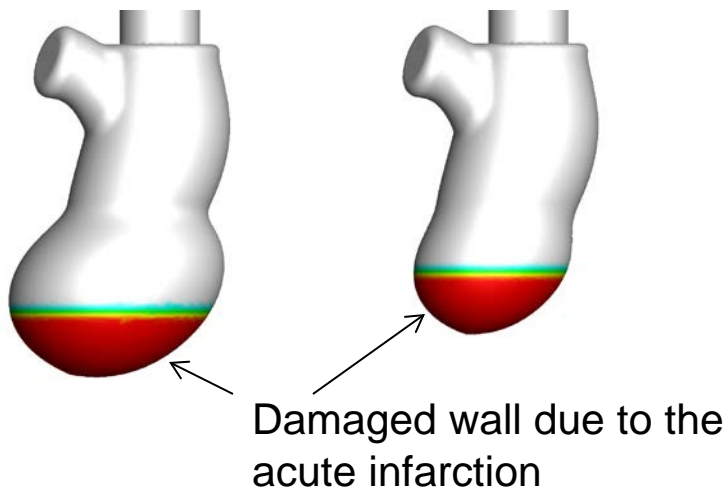
$$C_{f,0} = 9 \times 10^{-3} \text{ mol/m}^3$$

(Neeves et al. 2010, *Biophysics J*)

# Canonical Models- Comparative Study Design



Large Aneurysm      Small Aneurysm



E/A=1.2, HR=60 BPM

Case	ESV (mL)	EDV (mL)	SV (mL)	EF (%)	AN
A	105	167	62	37	L
B	105	146	41	28	L
C	70	111	41	37	S
D	70	97	27	28	S

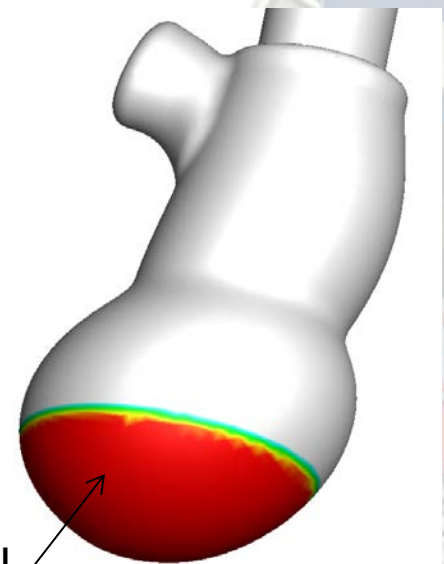
# Clinical Translation?

- What *flow metric* can be used for the LVT risk prediction
  - Quantified correlation between flow metrics and coagulation
  - Could be obtained from echo PI or CMR

## Residence Time (RT)

- How long blood volume stays in ROI
- Near damaged Wall Residence Time (**NWRT**)
- Decreased flow strength leads to **high NWRT**

$$\frac{d}{dt} \tau_{NW} = \left( \frac{\partial}{\partial t} + \vec{U} \cdot \nabla \right) \tau_{NW} = H(d_0 - d_w)$$



Damaged wall

# Predicted Thrombogenic Risk

SV=62 mL, EF=37%



Peak:  $1e-5$   
Mean:  $3e-7$

SV=41 mL, EF=28%



Peak: **15**  
Mean: **0.016**

SV=41 mL, EF=37%



Peak: 0.05  
Mean:  $3e-4$

SV=27 mL, EF=28%



Peak: **0.5**  
Mean: **0.012**

**Fibrin** concentration ( $\mu\text{mol}/\text{m}^3$ )

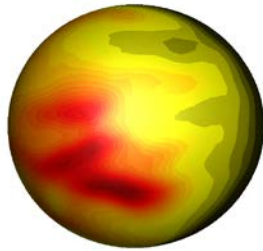
# Average Surface Distributions

## Small Aneurysm Cases

### Hemodynamic

NWRT  
(sec)

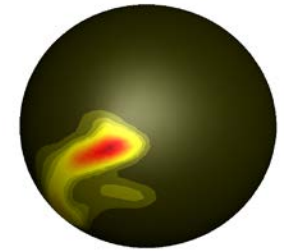
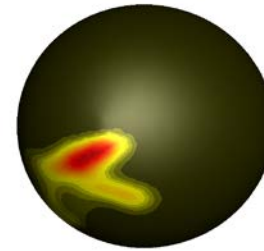
SV = 41 mL  
EF = 37 %



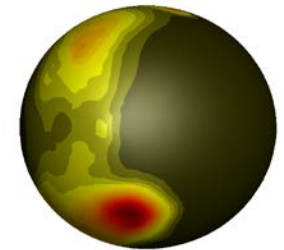
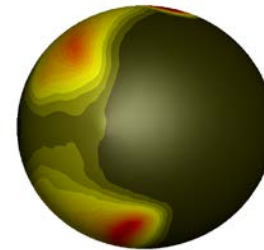
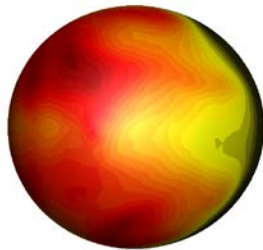
### Coagulation

Thrombin  
( $\mu\text{mol}/\text{m}^3$ )

Bounded Platelet  
( $\text{PT}_b/\text{PT}_{\text{max}}$ )



SV = 27 mL  
EF = 28 %



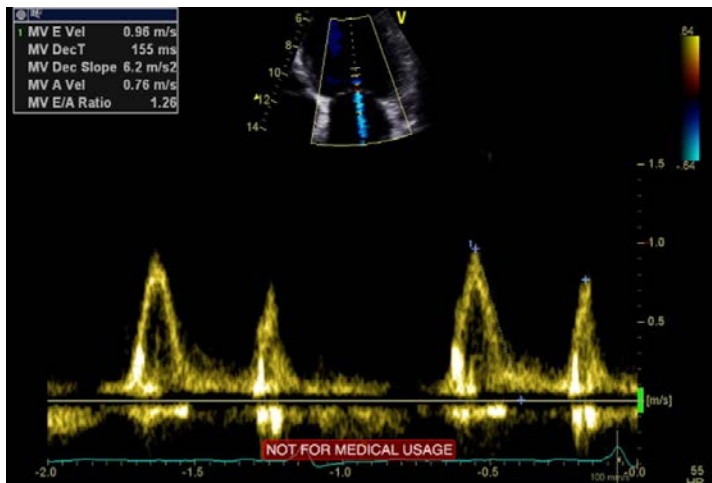
Distributions on the (damaged) aneurysm wall



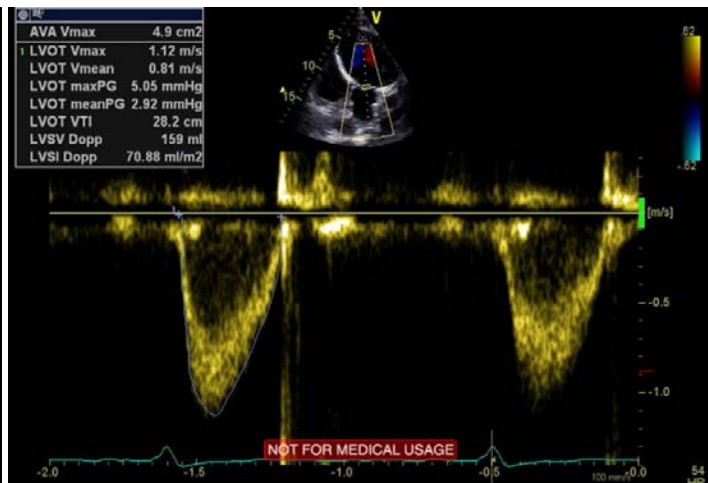
# Patient-Specific Model from Multimodal Data Registration



Dynamic 4D CT scan



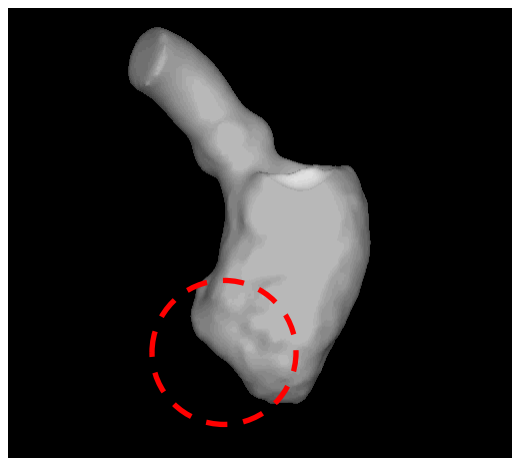
Mitral inflow Doppler



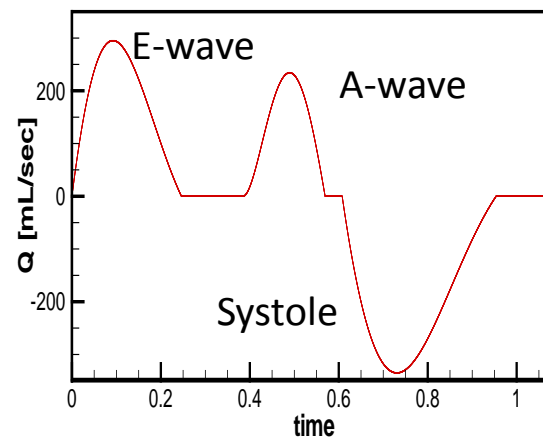
Outflow tract Doppler

**Patient:**  
 SV=84 mL, EF=47%  
 Apical Aneurysm  
 Apical Akinesia

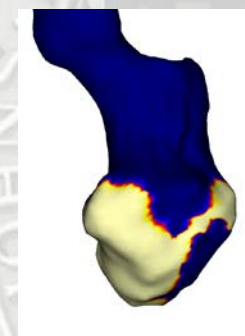
Nearly automated  
 Procedure!



Segmented/Reconstructed  
 Model



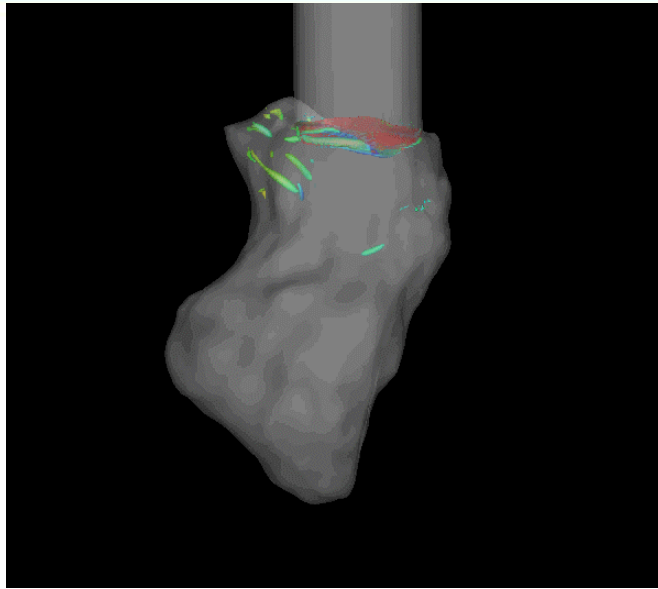
Reconstructed LV  
 Flow Profile



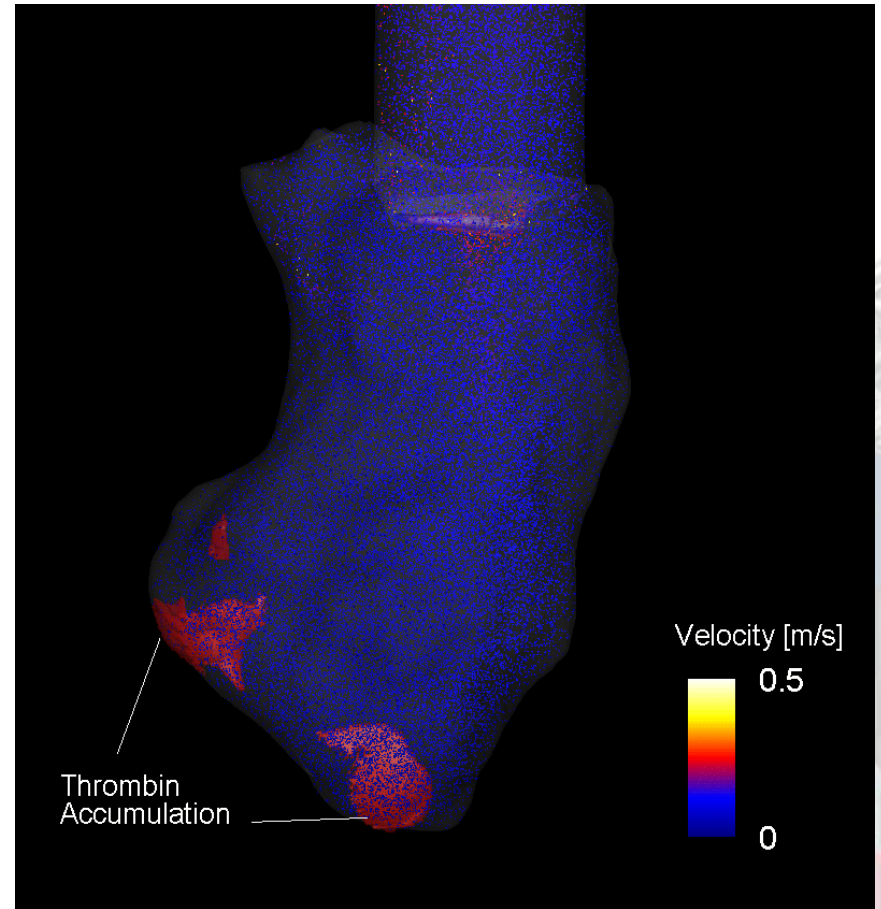
Infarct  
 Identification

# Chemo-Fluidic Interaction

Vortex Dynamics



Mixing and Washout



Evolution of flow and thrombin

Time averaged flow and thrombin accumulation

# Hemodynamics and Coagulation

Averaged flow and thrombin accumulation

**LVT01**

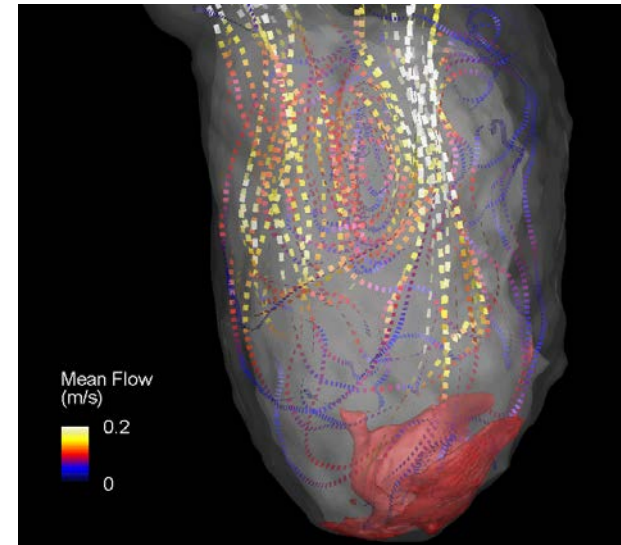
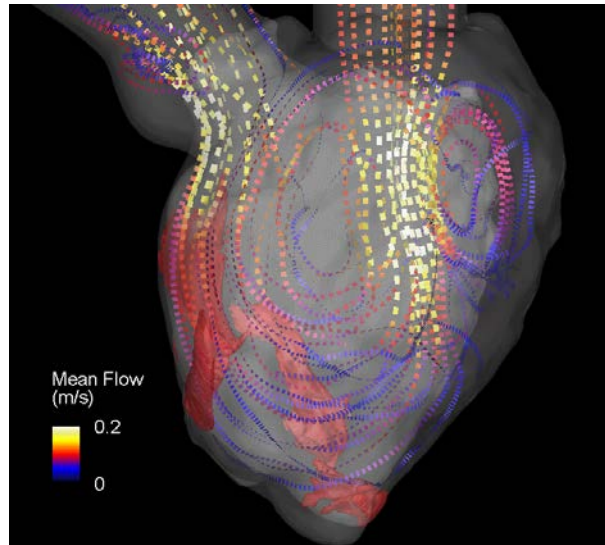
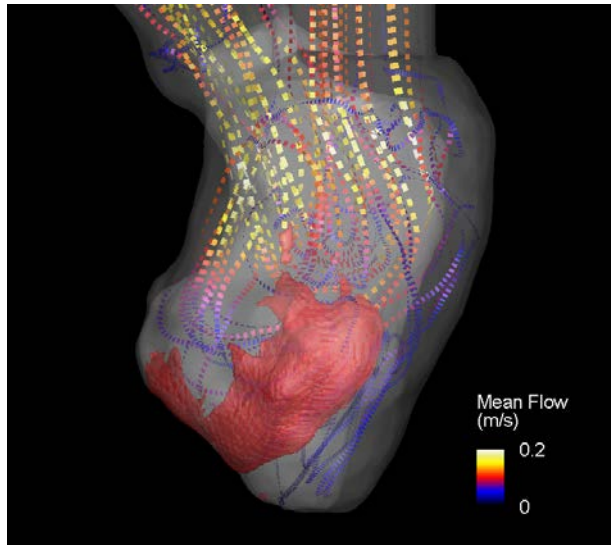
EDV=178 mL, EF=47%

**LVT02**

EDV=334 mL, EF=40%

**LVT09**

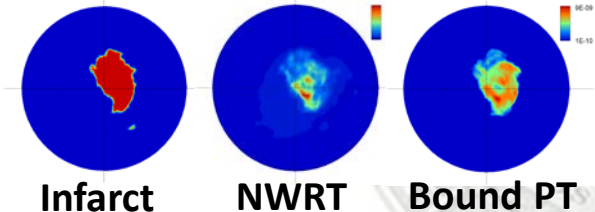
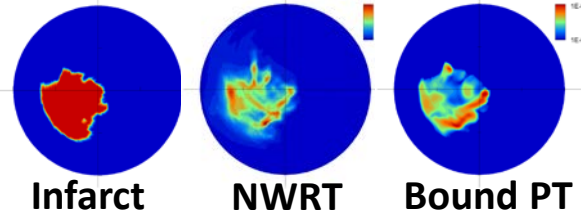
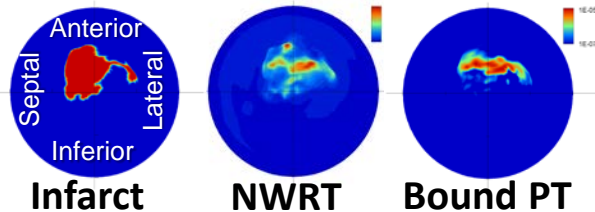
EDV=417 mL, EF=39%



Thrombin:  $5e-4 \mu\text{mol}/\text{m}^3$

Thrombin:  $1e-5 \mu\text{mol}/\text{m}^3$

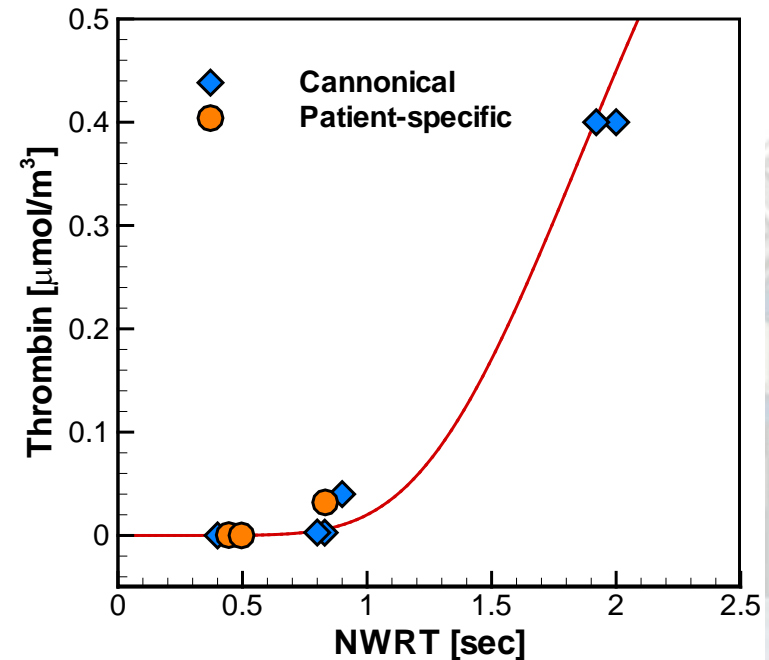
Thrombin:  $1e-6 \mu\text{mol}/\text{m}^3$



# NWRT as a Predictor for Thrombosis?

## Correlation between NWRT and Bound PT

Case	Correlation
SV=62 mL; EF=37%	0.61
SV=41 mL; EF=28%)	0.75
SV=41 mL; EF=37%	0.55
SV=27 mL; EF=28%	0.58

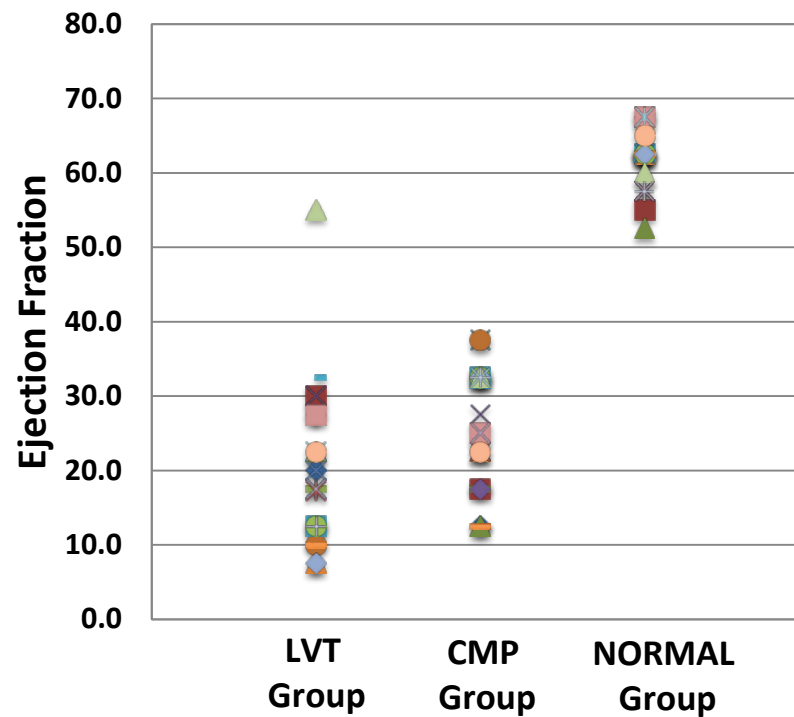


Residence time of flow in the vicinity of the infarct is a key indicator of LVT risk.

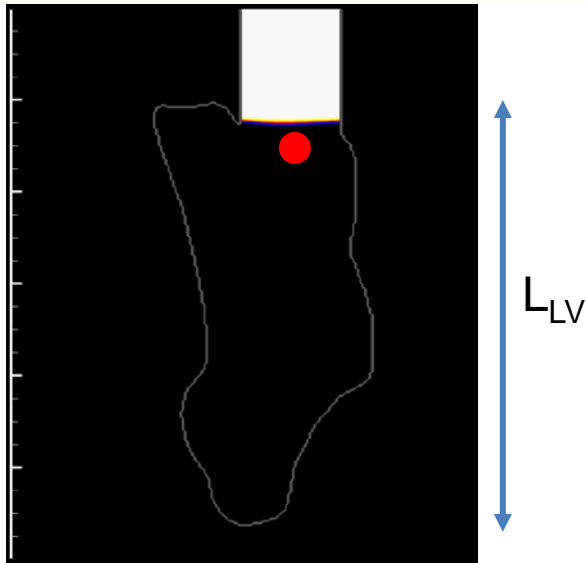
How to obtain a clinical measure of NWRT??

# Stratification of LVT Risk?

Group	N	Description
LVT	25	Patients with diagnosed LVT
CMP	25	Severe cardiomyopathy; no LVT
NORMAL	25	Normal



# A New Metric for LVT Risk



## Normal

### LVs

High mixing  
and  
washout  
<1% of  
blood cells  
stay in  
ventricle  
for >5  
cycles

# Cited Papers

- Seo, Jung Hee, Thura Abd, Richard T. George, and Rajat Mittal. “A Coupled Chemo-Fluidic Computational Model for Thrombogenesis in Infarcted Left Ventricles.” *American Journal of Physiology-Heart and Circulatory Physiology* (2016): ajpheart-00855. Published 25 March 2016 Vol. no. , DOI: 10.1152/ajpheart.00855.2015.

